

Listening with the Spirit

As I find myself approaching the final stretch of my two year program in spiritual direction, many thoughts come to mind. It has been an amazing journey of self discovery, learning, sharing and growing as a person led to this ministry. I have always felt LWS environment a safe place to exchange thoughts, emotions, and spiritual reflections with my peers. Many backgrounds and faith traditions are represented, and it has served to enrich experience. Each member of our group has contributed to the fine tuning of my own skill, through thoughtful suggestions and constructive criticism, especially during simulated sessions of spiritual direction.

Sisters Laura and Mary Giles have orchestrated a wonderful opportunity for learning the art of spiritual direction. They have shared combined years of knowledge on the subject, covering many aspects of direction, enlightening us with nuances of this most sacred relationship. The books we have read and discussed have provided a wealth of information on applicable topics. They will be a valued asset to my library of resources.

—Suzy Dougher

