

LWS Interview Questions for Candidates

When you have sent your LWS materials in, kindly call Sister Lucy or email her (lucywynkoop@gmail.com) to make an interview appointment. We realize that some of the answers to these questions will be included in your written material. We will choose questions as to where we need more information.

The interview will last no more than an hour.

Admission Criteria Questions

How long have you been in spiritual direction with a trained spiritual director?

Do others come to you asking you to listen to them about their spiritual life?
Describe or give some an example of some meaningful listening connections.

Review the qualities to be considered for spiritual directors and give some examples of how you are learning to grow into these qualities:

Qualities to be Considered for Spiritual Directors

Areas of Personal Integration:

- ability to be present and available to meet the other and to be met-- i.e. present to myself and the other
- ability to trust one's inner responses to what the directee is saying
- ability to aid another to come to a greater interiority and reflectiveness in all the events of the individual's life
- ability to recognize and value the meaningful events in the integration of a person's life
- ability to discern the movement and direction in inner experience
- capacity and ability to make good and sound assessments about where another is, his/her growing edges and issues

Areas of Competence:

- ability to observe and take note of body language as a means of communication
- ability to listen and to hear what another is saying or trying to say
- ability to pick up feeling and emotional tone of another
- ability to pick up the energy of the directee and to find its tone and direction

- ability to aid another to recognize and name inner experiences
- ability to challenge and confront
- ability to encourage and support honesty
- ability to leave aside role
- ability to recognize and to be comfortable with directee's resistances
- ability to learn various approaches and use them appropriately

Describe some of your various prayer experiences.

In what faith tradition are you currently grounded?

What is your background in studying contemporary scripture, theology and psychology?

What was your experience of a silent retreat?

Describe your sense of call to the spiritual direction ministry.

Give an example of how you are living out God's will.

Describe your understanding of your discernment (ability to listen to the Holy Spirit and to weed through the multiplicity of possibilities) to be a spiritual director?

To the best of your knowledge do you have any life issues that may require time or energy that would keep you from participating in LWS?

After reading your spiritual autobiography and application, we may have other related questions.

Our handouts will come via email. Do you have capacity for receiving and downloading email attachments?

Do you have any concerns or questions for us?

We have a large number of people who have expressed interest in LWS. It would help us to know if you are still considering to be a part of LWS 2015-2017. Kindly email Sister Lucy Wynkoop at priorprograms@gmail.com to confirm your continued interest **by January 30**. We begin interviewing in February. We hope to complete our interviews by **May 1, 2015** and at that time we will send out acceptance confirmation on or before **May 15, 2015**.