

Small Group Lectio Process for Oblate Meeting 2:10-2:30

Prepare:

- Take a moment to come fully into the present.
- Sit comfortably alert, eyes closed, and center yourself with breathing.
- Invite yourself to be present to the Spirit.

1. Hear the Word (that is addressed to you.)

First reading (read twice). Listen for the word or phrase that attracts you from the passage. Repeat it over to yourself softly during a one minute silence. When the leader gives the signal, each person in the group, in turn, may say aloud that word or phrase (no elaboration) or they may pass.

2. Ask, "How is my life touched?" (by this/these words)

Second reading. Listen to discover how your life is touched today by this passage. Consider possibilities or receive a sensory impression or image during the two minutes of silence. When the leader gives the signal, speak a sentence or two beginning with "I hear, I see, or I sense" or you may pass.

3. Ask, "Is there an invitation here?" (for you)

Third reading. Listen to discover a possible invitation relevant for this month. Ponder it for two minutes in silence. When the leader gives the signal, share briefly with your group or you may pass.

4. Pray (for one another to be enabled to respond to the invitation).

Pray aloud, or silently for God to help the person on your right respond to their invitation. After each spoken or silent prayer the one who prays says "Amen" followed by a group "Amen."